1 Exercise: Relaxation Theory

We will try to investigate the behavior of spin relaxation as a function of various parameters for a simple system that we can analyze using numerical simulations in MATLAB (or any other matrix-calculation package). We assume an isolated heteronuclear ¹⁵N-¹H two-spin system attached to a rigid molecule that undergoes isotropic rotational tumbling with a correlation time τ_c . The spectral-density function for isotropic rotational tumbling is given by

$$J(\omega) = \frac{2}{5} \frac{\tau_{\rm c}}{1 + (\omega \tau_{\rm c})^2} \,.$$
 [1.1]

We will look at the relaxation properties of the nitrogen atom due to dipolar coupling to the directly bound proton as well as the axially symmetric CSA tensor of the 15 N nucleus. The anisotropy of the dipolar coupling is defined by

$$\delta^{(\mathrm{IS})} = -2 \frac{\mu_0 \gamma_I \gamma_S \hbar}{4 \pi r_{IS}^3}$$
[1.2]

and the magnitude of the axially symmetric chemical-shielding tensor is characterized by $\omega_0^{(S)}\sigma_{zz}^{(S)}$. The constants are given by:

$$\mu_{0} = 4\pi \cdot 10^{-7} \text{ N A}^{-2}$$

$$\hbar = 1.05457 \cdot 10^{-34} \text{ J s}$$

$$\gamma_{H} = 2.675 \cdot 10^{8} (\text{T s})^{-1}$$

$$\gamma_{N} = -2.716 \cdot 10^{7} (\text{T s})^{-1}$$
[1.3]

We will use this simple spin system to look at different relaxation-rate constants. If not specified differently, we assume a static magnetic field of 14.1 T and a distance of 1.1 Å.

1.1 *T*₁ Dependence on Magnetic Field and Correlation Time

The longitudinal one-spin auto-relaxation time of the S spin (15 N) is given by

$$\frac{1}{T_{1S}} = \Gamma_{S_z, S_z} = \left(\frac{\delta^{(IS)}}{4}\right)^2 [J(\omega_I - \omega_S) + 3J(\omega_S) + 6J(\omega_I + \omega_S)] + \frac{3}{4}(\omega_0^{(S)}\sigma_{zz}^{(S)})^2 J(\omega_S).$$
[1.4]

- Calculate T_{1S} as a function of the correlation time τ_c assuming that the chemicalshielding tensor is $\sigma_{zz}^{(S)} = 0$ ppm. A reasonable range for τ_c is from 10^{-12} to 10^{-5} s. Generate a double-logarithmic plot of T_{1S} vs. $\omega_0^{(S)}\tau_c$. Where do you observe a minimum of the T_{1S} time? Rationalize the position of the minimum by discussing the form of the spectral-density function.
- Calculate and plot T_{1S} for chemical-shielding tensor values of $\sigma_{zz}^{(S)} = 50$ ppm and 150 ppm. What do you observe?
- Calculate T_{1S} as a function of the static magnetic field B_0 between 1 and 30 T for correlation times τ_c of 10⁻¹², 10⁻¹⁰, and 10⁻⁸ s. We assume that the chemical-shielding tensor is $\sigma_{zz}^{(S)} = 0$ ppm.

1.2 *T*₂ Dependence on Magnetic Field and Correlation Time

The transverse one-spin auto-relaxation time of the S spin (15 N) is given by

$$\frac{1}{T_{2S}} = \Gamma_{S^+, S^+} = \frac{\left(\delta^{(IS)}\right)^2}{32} [4J(0) + J(\omega_I - \omega_S) + 3J(\omega_S) + 6J(\omega_I) + 6J(\omega_I + \omega_S)] + \frac{1}{2} \left(\omega_0^{(S)} \sigma_{zz}^{(S)}\right)^2 J(0) + \frac{3}{8} \left(\omega_0^{(S)} \sigma_{zz}^{(S)}\right)^2 J(\omega_S)$$

$$(1.5)$$

- Calculate T_{2S} as a function of the correlation time τ_c assuming that the chemicalshielding tensor is $\sigma_{zz}^{(S)} = 0$ ppm. Generate a double-logarithmic plot of T_{2S} vs. $\omega_0^{(S)} \tau_c$. Rationalize why the T_2 relaxation time shows no minimum but decreases continuously with increasing correlation time.
- Calculate and plot T_{2S} for chemical-shielding tensor values of $\sigma_{zz}^{(S)} = 50$ ppm and 150 ppm. What do you observe?
- Calculate T_{2S} as a function of the static magnetic field B_0 between 1 and 30 T for correlation times τ_c of 10⁻¹², 10⁻¹⁰, and 10⁻⁸ s. We assume that the chemical-shielding tensor is $\sigma_{zz}^{(S)} = 0$ ppm.

If the longitudinal and the transverse relaxation time have been measured, one can determine the correlation time of the molecule as

$$\tau_{\rm c} = \frac{1}{2} \sqrt{\frac{1}{\omega_S^2} \left(6\frac{T_1}{T_2} - 7 \right)} \ . \tag{1.6}$$

• Back calculate the correlation time from the T_1 and T_2 values calculated for the chemical-shielding tensor of $\sigma_{zz}^{(S)} = 0$ ppm. Plot the back calculated values against the input correlation times. In which range of correlation times is Equation [1.6] valid? Derive Equation [1.6] from the analytical Equations [1.4] and [1.5] for T_1 and T_2 .

1.3 Coupled Relaxation Modes

If we look at longitudinal relaxation in a heteronuclear two-spin system, we find that all three relaxation modes are coupled and can be described by a system of coupled differential equations.

$$\frac{d}{dt} \begin{bmatrix} \langle I_{z} \rangle (t) \\ \langle S_{z} \rangle (t) \\ \langle 2I_{z} S_{z} \rangle (t) \end{bmatrix} = - \begin{bmatrix} \Gamma_{I_{z}, I_{z}} & \Gamma_{S_{z}, I_{z}} & \Gamma_{2I_{z} S_{z}, I_{z}} \\ \Gamma_{S_{z}, I_{z}} & \Gamma_{S_{z}, S_{z}} & \Gamma_{2I_{z} S_{z}, S_{z}} \\ \Gamma_{2I_{z} S_{z}, I_{z}} & \Gamma_{2I_{z} S_{z}, S_{z}} & \Gamma_{2I_{z} S_{z}, S_{z}} \end{bmatrix} \begin{bmatrix} \langle I_{z} \rangle (t) - \langle I_{z} \rangle_{eq} \\ \langle S_{z} \rangle (t) - \langle S_{z} \rangle_{eq} \\ \langle 2I_{z} S_{z} \rangle (t) - \langle 2I_{z} S_{z} \rangle_{eq} \end{bmatrix}$$
[1.7]

If we neglect cross-correlated cross relaxation, the system simplifies into two sub blocks.

$$\frac{d}{dt} \begin{bmatrix} \langle I_{z} \rangle (t) \\ \langle S_{z} \rangle (t) \\ \langle 2I_{z} S_{z} \rangle (t) \end{bmatrix} = - \begin{bmatrix} \Gamma_{I_{z}, I_{z}} & \Gamma_{S_{z}, I_{z}} & 0 \\ \Gamma_{S_{z}, I_{z}} & \Gamma_{S_{z}, S_{z}} & 0 \\ 0 & 0 & \Gamma_{2I_{z} S_{z}, 2I_{z} S_{z}} \end{bmatrix} \begin{bmatrix} \langle I_{z} \rangle (t) - \langle I_{z} \rangle_{eq} \\ \langle S_{z} \rangle (t) - \langle S_{z} \rangle_{eq} \\ \langle 2I_{z} S_{z} \rangle (t) - \langle 2I_{z} S_{z} \rangle_{eq} \end{bmatrix}$$
[1.8]

The four relevant relaxation-rate constants are given by

- Calculate the time evolution of the S_z magnetization after a 180° inversion pulse, i.e., for an initial condition $\sigma_0 = -S_z$ by solving the differential equation [1.8] assuming isotropic rotational tumbling at correlation times of $\tau_c = 10^{-8}$ and 10^{-10} s assuming that the chemical-shielding tensor is $\sigma_{zz}^{(S)} = 0$ ppm. Compare the curve with a mono-exponential buildup towards thermal equilibrium with a time constant of T_{1S} . Discuss the results.
- If we saturate the protons by applying on-resonance cw irradiation on the *I* spin during the relaxation delay, the system of differential equations is modified. We can assume that (*I_z*)(*t*) = 0. Calculate the time evolution of the *S_z* magnetization after a 180° inversion pulse under these conditions analytically. What is now the rate constant with which the system relaxes towards the steady-state equilibrium value.
- The same experiment, i.e., saturation of the *I* spin is the so-called steady-state NOE experiment. Calculate analytically the steady-state value of the NOE. What is the signal enhancement generated by the NOE? Calculate the signal enhancement numerically as a function of the correlation time assuming that the chemical-shielding tensor is $\sigma_{zz}^{(S)} = 0$ ppm.

2 Appendices

2.1 Matrix Properties

A real matrix A with elements A_{ij} is called *symmetric* if

$$A^T = A$$
 [2.1]

where A^T is the transpose of the matrix, i.e., for all elements the condition $A_{ij} = A_{ji}$ is fulfilled. The real matrix A is called *antisymmetric* if

$$A^T = -A , \qquad [2.2]$$

i.e., for all elements the condition $A_{ij} = A_{ji}$ is fulfilled. The real matrix A is called *orthogonal* if

$$A^{T} = A^{-1} . [2.3]$$

A complex matrix A with elements A_{ij} is called *hermitian* if

$$A^{\dagger} = A$$
 [2.4]

where A^{\dagger} is the adjoint (transposed and complex conjugate) of the matrix, i.e., for all elements the condition $A_{ij} = A_{ji}^{*}$ is fulfilled. The complex matrix A is called *unitary* if

$$A^{\dagger} = A^{-1} . [2.5]$$

The matrix representation of a Hamiltonian is always a Hermitian matrix. Form this it follows that the matrix representation of a propagator is always a unitary matrix and, therefore, the propagation of a density operator is always a unitary transformation.

2.2 Wigner Rotation Matrix Elements

2.2.1 Rank 0 Elements

Rank 0 tensors are quantities that transform like a scalar. They have only a single component, which is independent of the coordinate system. Therefore, the Wigner rotation matrix element is given by

$$\mathfrak{D}_{00}^{0} = d_{00}^{0}(\beta) = 1 .$$
[2.6]

2.2.2 Rank 1 Elements

Rank 1 tensor are vectors and their respective reduced Wigner rotation elements $d^1_{m',m}(\beta)$ are given by

Table 2.1: Reduced Wigner Rotation Matrix Elements of Rank 1

| K | | | |
|----------|--------------------------------------|-------------------------------|--------------------------------------|
| m | -1 | 0 | +1 |
| -1 | $\cos^2\left(\frac{\beta}{2}\right)$ | $\frac{\sin\beta}{\sqrt{2}}$ | $\sin^2\left(\frac{\beta}{2}\right)$ |
| 0 | $\frac{-\sin\beta}{\sqrt{2}}$ | \coseta | $\frac{\sin\beta}{\sqrt{2}}$ |
| +1 | $\sin^2\left(\frac{\beta}{2}\right)$ | $\frac{-\sin\beta}{\sqrt{2}}$ | $\cos^2\left(\frac{\beta}{2}\right)$ |

2.2.3 Rank 2 Elements

Rank 2 tensors are second-rank tensors and the reduced Wigner rotation matrix elements are given by $d^2_{m', m}(\beta)$

| m' m | -2 | -1 | 0 | +1 | +2 |
|------|--|---------------------------------------|-----------------------------------|---------------------------------------|--|
| -2 | $\left(\frac{1+\cos\beta}{2}\right)^2$ | $\frac{1+\cos\beta}{2}\sin\beta$ | $\sqrt{\frac{3}{8}}\sin^2\beta$ | $\frac{1-\cos\beta}{2}\sin\beta$ | $\left(\frac{1-\cos\beta}{2}\right)^2$ |
| -1 | $-\frac{1+\cos\beta}{2}\sin\beta$ | $\cos^2\beta - \frac{1-\cos\beta}{2}$ | $\sqrt{\frac{3}{8}}\sin(2\beta)$ | $\frac{1+\cos\beta}{2}-\cos^2\beta$ | $\frac{1-\cos\beta}{2}\sin\beta$ |
| 0 | $\sqrt{\frac{3}{8}}\sin^2\beta$ | $-\sqrt{\frac{3}{8}}\sin(2\beta)$ | $\frac{3\cos^2\beta - 1}{2}$ | $\sqrt{\frac{3}{8}}\sin(2\beta)$ | $\sqrt{\frac{3}{8}}\sin^2\beta$ |
| +1 | $-\frac{1-\cos\beta}{2}\sin\beta$ | $\frac{1+\cos\beta}{2}-\cos^2\beta$ | $-\sqrt{\frac{3}{8}}\sin(2\beta)$ | $\cos^2\beta - \frac{1-\cos\beta}{2}$ | $\frac{1+\cos\beta}{2}\sin\beta$ |
| +2 | $\left(\frac{1-\cos\beta}{2}\right)^2$ | $-\frac{1-\cos\beta}{2}\sin\beta$ | $\sqrt{\frac{3}{8}}\sin^2\beta$ | $-\frac{1+\cos\beta}{2}\sin\beta$ | $\left(\frac{1+\cos\beta}{2}\right)^2$ |

 Table 2.3: Reduced Wigner Rotation Matrix Elements of Rank 2