

Internal Webinar

Research Experiences: Impact of Food Imagery on Adolescents' Dietary Choices and Prenatal DHA Supplementation on Infant Health

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This talk will detail my research and practical experiences in nutrition and public health. I will begin with an analysis of my master's thesis, which investigated the influence of visually appealing food pictures, or & quotes; food porn & quotes; on adolescent dietary choices using a mixed-methods approach. Subsequently, I will discuss my work at Centre for Chronic Disease Control (CCDC), where I conducted secondary research and statistical analyses to analyse the effect of prenatal DHA supplementation on infant morbidity. I will then outline my role as Nutrition Lead at a nutrition app start up, focusing on the development of a comprehensive product rating scale grounded in Nutri-Score principles. Finally, I will briefly discuss my engagement as a Senior Research Fellow in the ICMR Diet and Biomarker Study (DABS) in Chandigarh, highlighting field dietary data collection methodologies and community-level insights.

Wednesday, Jul 31st 2024

16:00 Hrs

